NB Estética facial

Become the best version of yourself

# **POST TREATMENT CARE**

## Day 1:

Immediately half an hour after the treatment, wash carefully your eyebrows with a damp cotton wool to remove the lymphatic fluid (this would cause a scab, which is not desirable for optimal healing). Repeat this procedure every half hour (approx. 5 times), never rubbing or scrubbing with pressure.

Then apply a very thin layer of the cream that I will give you, with a cotton swab over the boxes.

It is normal if you see some excess pigment in the cotton.

Your eyebrows should not be wet, if you sweat a lot you can dry them with a clean cloth.

At night before going to sleep apply another very thin layer of the cream with a cotton bud on the boxes.

The next 3 days apply the cream 3 times a day.

## During the first 7 days:

You can't wet your eyebrows, do not swim in the pool or in the sea

Do not use creams (except the protective cream, if you notice that the skin is too dry).

Avoid the sun (sunglasses/cap)

Do not wear makeup in the eyebrow area

Avoid training with heavy sweating, saunas, facials and steam baths (inhalation).

## During the next 30 days:

Avoid sunbathing, solarium, light therapy, chemical peels, fruit acids, microdermabrasion, creams containing regeneration factors.

### <u>Always avoid laser treatments on the treated area (Fraxel-Laser, IPL), as they can</u> <u>destroy the pigment and cause burns.</u>

The use of antibiotics and hormone therapy may lead to faster whitening of the pigment.

Always protect your eyebrows with sunscreen (not during the first 7 days).